



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Teichert, Gerd

□□: TSG Seelow

□□: 31

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 22:06:30

□□: 7.28 km/h

□□□□: 8:14 min/km

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□□□□□□: 16:22:17

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Klein-Ziethener-V	22.20	2:26:35	6:36	51	28:14	51	28:14	22.20	2:26:35	6:36	72		72	
Osdorfer Straße	20.40	2:26:40	7:11	52	41:40	52	41:40	42.60	4:53:15	6:53	85		85	
Bahnhof Griebnit	19.70	2:37:00	7:58	43	1:05:13	43	1:05:13	62.30	7:30:15	7:13	84		84	
Kladower Straße	20.30	2:58:35	8:47	45	57:51	45	57:51	82.60	10:28:50	7:36	41	18:06	41	18:06
Gartenlaube	10.20	1:30:37	8:53	32	28:12	32	28:12	92.80	11:59:27	7:45	42		42	
Lauftreff Schönw	12.50	1:50:16	8:49	32	32:34	32	32:34	105.30	13:49:43	7:52	43		43	
Ruderclub Oberh	12.30	1:44:07	8:27	25	1:04:59	25	1:04:59	117.60	15:33:50	7:56	43		43	
Hattwichstraße	15.40	2:37:06	10:12	23	1:57:58	23	1:57:58	133.00	18:10:56	8:12	78	18:10:56	78	18:10:56
Gedenkstätte	19.50	2:50:17	8:43	16	2:11:09	16	2:11:09	152.50	21:01:13	8:16	78	21:01:13	78	21:01:13
Stadion Lobeckst	8.40	1:05:17	7:46	7	6:04	7	6:04	160.90	22:06:30	8:14	23	5:44:13	23	5:44:13