



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Becker, Mark

□□: die-windhunde

□□: 6

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 22:06:30

□□: 7.28 km/h

□□□□: 8:14 min/km

□□□□□/□□□: 24 (of 92)

□□□□□/□□□: 23 (of 92)

□□□□□□: 16:22:17

□□□□□: 23(of 92)

□□□□□□□: 16:22:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:33:09	6:53	61	34:48	61	34:48	22.20	2:33:09	6:53	85	4:37	85	4:37
Osdorfer Straße	20.40	2:24:03	7:03	47	39:03	47	39:03	42.60	4:57:12	6:58	84		84	
Bahnhof Griebnit	19.70	2:36:31	7:56	41	1:04:44	41	1:04:44	62.30	7:33:43	7:16	83		83	
Kladower Straße	20.30	2:56:35	8:41	39	55:51	39	55:51	82.60	10:30:18	7:37	50	19:34	50	19:34
Gartenlaube	10.20	1:29:52	8:48	30	27:27	30	27:27	92.80	12:00:10	7:45	51		51	
Lauftreff Schönw	12.50	1:49:37	8:46	31	31:55	31	31:55	105.30	13:49:47	7:52	52		52	
Ruderclub Oberh	12.30	1:44:03	8:27	24	1:04:55	24	1:04:55	117.60	15:33:50	7:56	43		43	
Hattwichstraße	15.40	2:33:41	9:58	21	1:54:33	21	1:54:33	133.00	18:07:31	8:10	78	18:07:31	78	18:07:31
Gedenkstätte	19.50	2:53:44	8:54	18	2:14:36	18	2:14:36	152.50	21:01:15	8:16	78	21:01:15	78	21:01:15
Stadion Lobeckst	8.40	1:05:15	7:46	6	6:02	6	6:02	160.90	22:06:30	8:14	23	5:44:13	23	5:44:13