



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Marré, Sabine

□□□: 22:05:11

□□: Rennsteiglaufverein

□□: 7.24 km/h

□□: 94

□□□□: 8:14 min/km

□□: 160.90 km

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100MeilenBerlin

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□□□□□□: 16:22:17

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□□□□□: 21(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:23:52	6:28	37	25:31	37	25:31	22.20	2:23:52	6:28	83	-	83	-
Osdorfer Straße	20.40	2:13:28	6:32	29	28:28	29	28:28	42.60	4:37:20	6:30	82	-	82	-
Bahnhof Griebnit	19.70	2:28:51	7:33	31	57:04	31	57:04	62.30	7:06:11	6:50	81	-	81	-
Kladower Straße	20.30	2:44:05	8:04	29	43:21	29	43:21	82.60	9:50:16	7:08	76	-	76	-
Gartenlaube	10.20	1:29:51	8:48	29	27:26	29	27:26	92.80	11:20:07	7:19	79	-	79	-
Lauftreff Schönw	12.50	1:42:47	8:13	20	25:05	20	25:05	105.30	13:02:54	7:26	80	-	80	-
Ruderclub Oberh	12.30	1:41:33	8:15	20	1:02:25	20	1:02:25	117.60	14:44:27	7:31	81	-	81	-
Hattwichstraße	15.40	2:41:58	10:31	28	2:02:50	28	2:02:50	133.00	17:26:25	7:52	76	17:26:25	76	17:26:25
Gedenkstätte	19.50	2:59:28	9:12	22	2:20:20	22	2:20:20	152.50	20:25:53	8:02	78	20:25:53	78	20:25:53
Stadion Lobeckst	8.40	1:39:18	11:49	38	40:05	38	40:05	160.90	22:05:11	8:14	21	5:42:54	21	5:42:54