



# 100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Winkler, Roland

□□□: 22:12:46

□□: SCC Berlin

□□: 7.20 km/h

□□: 91

□□□□: 8:17 min/km

□□: 160.90 km

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100MeilenBerlin

□□□□□/□□□: 25 (of 92)

□□□□□□: 16:22:17

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□□□□□: 25(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:00:00	5:24	3	1:39	3	1:39	22.20	2:00:00	5:24	81	-	81	
Osdorfer Straße	20.40	1:45:00	5:08	1	-	1	-	42.60	3:45:00	5:16	80	-	80	
Bahnhof Griebnit	19.70	1:31:47	4:39	1	-	1	-	62.30	5:16:47	5:05	79	-	79	
Kladower Straße	20.30	4:04:13	12:01	81	2:03:29	81	2:03:29	82.60	9:21:00	6:47	75	-	75	
Gartenlaube	10.20	1:24:49	8:18	22	22:24	22	22:24	92.80	10:45:49	6:57	77	-	77	
Lauftreff Schönw	12.50	1:51:25	8:54	33	33:43	33	33:43	105.30	12:37:14	7:11	78	-	78	
Ruderclub Oberh	12.30	1:50:30	8:59	31	1:11:22	31	1:11:22	117.60	14:27:44	7:22	79	-	79	
Hattwichstraße	15.40	2:48:01	10:54	31	2:08:53	31	2:08:53	133.00	17:15:45	7:47	74	17:15:45	74	17:15:45
Gedenkstätte	19.50	3:38:06	11:11	45	2:58:58	45	2:58:58	152.50	20:53:51	8:13	78	20:53:51	78	20:53:51
Stadion Lobeckst	8.40	1:18:55	9:23	18	19:42	18	19:42	160.90	22:12:46	8:16	25	5:50:29	25	5:50:29