



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Gomez, Jesus

□□: inferno.alfaro

□□: 89

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 23:33:48

□□: 6.79 km/h

□□□□: 8:47 min/km

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□□□□□□: 16:22:17

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Klein-Ziethener-V	22.20	2:13:39	6:01	19	15:18	19	15:18	22.20	2:13:39	6:01	75	-	75	
Osdorfer Straße	20.40	2:08:22	6:17	24	23:22	24	23:22	42.60	4:22:01	6:09	74	-	74	
Bahnhof Griebnit	19.70	2:16:25	6:55	18	44:38	18	44:38	62.30	6:38:26	6:23	73	-	73	
Kladower Straße	20.30	3:12:44	9:29	58	1:12:00	58	1:12:00	82.60	9:51:10	7:09	69	-	69	
Gartenlaube	10.20	1:28:54	8:42	28	26:29	28	26:29	92.80	11:20:04	7:19	61	-	61	
Lauftreff Schönw	12.50	1:54:37	9:10	39	36:55	39	36:55	105.30	13:14:41	7:32	62	-	62	
Ruderclub Oberh	12.30	1:44:17	8:28	26	1:05:09	26	1:05:09	117.60	14:58:58	7:38	73	-	73	
Hattwichstraße	15.40	3:03:28	11:54	43	2:24:20	43	2:24:20	133.00	18:02:26	8:08	78	18:02:26	78	18:02:26
Gedenkstätte	19.50	3:53:23	11:58	61	3:14:15	61	3:14:15	152.50	21:55:49	8:37	78	21:55:49	78	21:55:49
Stadion Lobeckst	8.40	1:37:59	11:39	36	38:46	36	38:46	160.90	23:33:48	8:47	30	7:11:31	30	7:11:31