



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Neumann, Klaus

□□□: 23:35:01

□□: 100 Marathon Club

□□: 6.78 km/h

□□: 2

□□□□: 8:47 min/km

□□: 160.90 km

□□□□□/□□□: 31 (of 92)

100MeilenBerlin

□□□□□/□□□: 31 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 31(of 92)

Gesamt

□□□□□□: 16:22:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:38:47	7:09	72	40:26	72	40:26	22.20	2:38:47	7:09	74	10:15	74	10:15
Osdorfer Straße	20.40	2:37:26	7:43	65	52:26	65	52:26	42.60	5:16:13	7:25	38	12:22	38	12:22
Bahnhof Griebnit	19.70	2:47:01	8:28	51	1:15:14	51	1:15:14	62.30	8:03:14	7:45	72	16:16	72	16:16
Kladower Straße	20.30	2:57:42	8:45	42	56:58	42	56:58	82.60	11:00:56	8:00	68	50:12	68	50:12
Gartenlaube	10.20	1:39:49	9:47	45	37:24	45	37:24	92.80	12:40:45	8:11	70		70	
Lauftreff Schönw	12.50	1:56:37	9:19	42	38:55	42	38:55	105.30	14:37:22	8:19	71	36:23	71	36:23
Ruderclub Oberh	12.30	2:10:09	10:34	47	1:31:01	47	1:31:01	117.60	16:47:31	8:34	62		62	
Hattwichstraße	15.40	2:29:37	9:42	19	1:50:29	19	1:50:29	133.00	19:17:08	8:42	78	19:17:08	78	19:17:08
Gedenkstätte	19.50	2:50:51	8:45	17	2:11:43	17	2:11:43	152.50	22:07:59	8:42	78	22:07:59	78	22:07:59
Stadion Lobeckst	8.40	1:27:02	10:21	23	27:49	23	27:49	160.90	23:35:01	8:47	31	7:12:44	31	7:12:44