



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Haschen, Jürgen

□□□: 23:45:30

□□: kassel42

□□: 6.77 km/h

□□: 21

□□□□: 8:52 min/km

□□: 160.90 km

□□□□□/□□□: 36 (of 92)

100MeilenBerlin

□□□□□/□□□: 35 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 35(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:25:16	6:32	44	26:55	44	26:55	22.20	2:25:16	6:32	69	-	69	
Osdorfer Straße	20.40	2:19:16	6:49	43	34:16	43	34:16	42.60	4:44:32	6:40	68	-	68	
Bahnhof Griebnit	19.70	2:23:27	7:16	21	51:40	21	51:40	62.30	7:07:59	6:52	68	-	68	
Kladower Straße	20.30	2:45:19	8:08	31	44:35	31	44:35	82.60	9:53:18	7:10	63	-	63	
Gartenlaube	10.20	1:28:02	8:37	25	25:37	25	25:37	92.80	11:21:20	7:20	65	-	65	
Lauftreff Schönw	12.50	1:47:13	8:34	27	29:31	27	29:31	105.30	13:08:33	7:29	66	-	66	
Ruderclub Oberh	12.30	2:01:50	9:54	45	1:22:42	45	1:22:42	117.60	15:10:23	7:44	67	-	67	
Hattwichstraße	15.40	3:03:29	11:54	44	2:24:21	44	2:24:21	133.00	18:13:52	8:13	78	18:13:52	78	18:13:52
Gedenkstätte	19.50	3:55:01	12:03	63	3:15:53	63	3:15:53	152.50	22:08:53	8:42	78	22:08:53	78	22:08:53
Stadion Lobeckst	8.40	1:36:37	11:30	34	37:24	34	37:24	160.90	23:45:30	8:51	35	7:23:13	35	7:23:13