



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Landwehr, Matthias

□□□: 24:49:42

□□: arvato systems

□□: 6.48 km/h

□□: 96

□□□□: 9:16 min/km

□□: 160.90 km

□□□□□/□□□: 42 (of 92)

100MeilenBerlin

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□□□□□□: 16:22:17

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□□□□□: 42(of 92)

Gesamt

□□□□□□: 16:22:17

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:10:34	5:52	12	12:13	12	12:13	22.20	2:10:34	5:52	19	-	19	-
Osdorfer Straße	20.40	2:03:45	6:03	15	18:45	15	18:45	42.60	4:14:19	5:58	18	-	18	-
Bahnhof Griebnit	19.70	2:36:59	7:58	42	1:05:12	42	1:05:12	62.30	6:51:18	6:36	18	-	18	-
Kladower Straße	20.30	2:57:44	8:45	43	57:00	43	57:00	82.60	9:49:02	7:07	18	-	18	-
Gartenlaube	10.20	fehlt!	-	-	-	-	-	92.80	-	-	-	-	-	-
Lauftreff Schönw	12.50	3:30:07	16:48	84	2:12:25	84	2:12:25	105.30	13:19:09	7:35	20	-	20	-
Ruderclub Oberh	12.30	1:59:23	9:42	43	1:20:15	43	1:20:15	117.60	15:18:32	7:48	21	-	21	-
Hattwichstraße	15.40	3:40:46	14:20	69	3:01:38	69	3:01:38	133.00	18:59:18	8:33	78	18:59:18	78	18:59:18
Gedenkstätte	19.50	3:48:48	11:44	55	3:09:40	55	3:09:40	152.50	22:48:06	8:58	78	22:48:06	78	22:48:06
Stadion Lobeckst	8.40	2:01:36	14:28	66	1:02:23	66	1:02:23	160.90	24:49:42	9:15	42	8:27:25	42	8:27:25