



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Coper, Sven

□□□: 24:50:42

□□: Berlin

□□: 6.44 km/h

□□: 59

□□□□: 9:16 min/km

□□: 160.90 km

□□□□□/□□□: 43 (of 92)

100MeilenBerlin

□□□□□/□□□: 43 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 43(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:19:18	6:16	30	20:57	30	20:57	22.20	2:19:18	6:16	18		18	
Osdorfer Straße	20.40	2:14:53	6:36	33	29:53	33	29:53	42.60	4:34:11	6:26	17		17	
Bahnhof Griebnit	19.70	2:30:48	7:39	36	59:01	36	59:01	62.30	7:04:59	6:49	17		17	
Kladower Straße	20.30	3:07:25	9:13	52	1:06:41	52	1:06:41	82.60	10:12:24	7:24	17	1:40	17	1:40
Gartenlaube	10.20	1:50:49	10:51	69	48:24	69	48:24	92.80	12:03:13	7:47	19		19	
Lauftreff Schönw	12.50	2:02:50	9:49	53	45:08	53	45:08	105.30	14:06:03	8:02	19	5:04	19	5:04
Ruderclub Oberh	12.30	2:30:15	12:12	72	1:51:07	72	1:51:07	117.60	16:36:18	8:28	20		20	
Hattwichstraße	15.40	2:58:28	11:35	40	2:19:20	40	2:19:20	133.00	19:34:46	8:49	78	19:34:46	78	19:34:46
Gedenkstätte	19.50	3:46:37	11:37	50	3:07:29	50	3:07:29	152.50	23:21:23	9:11	78	23:21:23	78	23:21:23
Stadion Lobeckst	8.40	1:29:19	10:37	27	30:06	27	30:06	160.90	24:50:42	9:15	43	8:28:25	43	8:28:25