



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Zehrer, Christiane

□□□: 24:58:47

□□: Braunschweig

□□: 6.41 km/h

□□: 56

□□□□: 9:19 min/km

□□: 160.90 km

□□□□□/□□□: 46 (of 92)

100MeilenBerlin

□□□□□/□□□: 46 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 46(of 92)

Gesamt

□□□□□□: 16:22:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:22:59	6:26	34	24:38	34	24:38	22.20	2:22:59	6:26	16	-	16	
Osdorfer Straße	20.40	2:19:07	6:49	42	34:07	42	34:07	42.60	4:42:06	6:37	15	-	15	
Bahnhof Griebnit	19.70	2:43:14	8:17	46	1:11:27	46	1:11:27	62.30	7:25:20	7:08	15	-	15	
Kladower Straße	20.30	2:39:05	7:50	24	38:21	24	38:21	82.60	10:04:25	7:19	15	-	15	
Gartenlaube	10.20	2:09:17	12:40	73	1:06:52	73	1:06:52	92.80	12:13:42	7:54	17	-	17	
Lauftreff Schönw	12.50	1:35:44	7:39	11	18:02	11	18:02	105.30	13:49:26	7:52	17	-	17	
Ruderclub Oberh	12.30	1:39:01	8:03	17	59:53	17	59:53	117.60	15:28:27	7:53	18	-	18	
Hattwichstraße	15.40	4:12:09	16:22	82	3:33:01	82	3:33:01	133.00	19:40:36	8:52	78	19:40:36	78	19:40:36
Gedenkstätte	19.50	3:27:47	10:39	39	2:48:39	39	2:48:39	152.50	23:08:23	9:06	78	23:08:23	78	23:08:23
Stadion Lobeckst	8.40	1:50:24	13:08	58	51:11	58	51:11	160.90	24:58:47	9:18	46	8:36:30	46	8:36:30