



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Hloucal, Stephan

□□□: 24:58:07

□□: DUV

□□: 6.41 km/h

□□: 50

□□□□: 9:19 min/km

□□: 160.90 km

□□□□□/□□□: 45 (of 92)

100MeilenBerlin

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□□□□□□: 16:22:17

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□□□□□: 45(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:27:51	6:39	56	29:30	56	29:30	22.20	2:27:51	6:39	15		15	
Osdorfer Straße	20.40	2:27:03	7:12	54	42:03	54	42:03	42.60	4:54:54	6:55	14		14	
Bahnhof Griebnit	19.70	3:01:00	9:11	64	1:29:13	64	1:29:13	62.30	7:55:54	7:38	14	8:56	14	8:56
Kladower Straße	20.30	3:11:52	9:27	57	1:11:08	57	1:11:08	82.60	11:07:46	8:05	14	57:02	14	57:02
Gartenlaube	10.20	1:36:00	9:24	43	33:35	43	33:35	92.80	12:43:46	8:13	16		16	
Lauftreff Schönw	12.50	1:58:50	9:30	49	41:08	49	41:08	105.30	14:42:36	8:22	16	41:37	16	41:37
Ruderclub Oberh	12.30	2:11:45	10:42	50	1:32:37	50	1:32:37	117.60	16:54:21	8:37	17		17	
Hattwichstraße	15.40	2:50:39	11:04	34	2:11:31	34	2:11:31	133.00	19:45:00	8:54	78	19:45:00	78	19:45:00
Gedenkstätte	19.50	3:33:48	10:57	42	2:54:40	42	2:54:40	152.50	23:18:48	9:10	78	23:18:48	78	23:18:48
Stadion Lobeckst	8.40	1:39:19	11:49	40	40:06	40	40:06	160.90	24:58:07	9:18	45	8:35:50	45	8:35:50