



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Vanicek, Michael

□□: LG Nord Berlin Ultra Team

□□: 11

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 16:22:17

□□: 9.77 km/h

□□□□: 6:06 min/km

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□□□□□/□□□: 1 (of 92)

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Klein-Ziethener-V	22.20	2:03:00	5:32	6	4:39	6	4:39	22.20	2:03:00	5:32	63	-	63	
Osdorfer Straße	20.40	1:56:17	5:42	4	11:17	4	11:17	42.60	3:59:17	5:37	62	-	62	
Bahnhof Griebnit	19.70	1:58:22	6:00	3	26:35	3	26:35	62.30	5:57:39	5:44	63	-	63	
Kladower Straße	20.30	2:05:56	6:12	4	5:12	4	5:12	82.60	8:03:35	5:51	58	-	58	
Gartenlaube	10.20	1:02:25	6:07	1	-	1	-	92.80	9:06:00	5:53	71	-	71	
Lauftreff Schönw	12.50	1:17:42	6:12	1	-	1	-	105.30	10:23:42	5:55	72	-	72	
Ruderclub Oberh	12.30	1:15:57	6:10	3	36:49	3	36:49	117.60	11:39:39	5:56	61	-	61	
Hattwichstraße	15.40	1:42:45	6:40	3	1:03:37	3	1:03:37	133.00	13:22:24	6:01	58	13:22:24	58	13:22:24
Gedenkstätte	19.50	1:58:00	6:03	2	1:18:52	2	1:18:52	152.50	15:20:24	6:02	69	15:20:24	69	15:20:24
Stadion Lobeckst	8.40	1:01:53	7:22	5	2:40	5	2:40	160.90	16:22:17	6:06	1	-	1	-