



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Musil, Ronald

□□□: 25:48:54

□□: LG Mauerweg Berlin e.V.

□□: 6.20 km/h

□□: 1

□□□□: 9:38 min/km

□□: 160.90 km

□□□□□/□□□: 53 (of 92)

100MeilenBerlin

□□□□□/□□□: 53 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 53(of 92)

Gesamt

□□□□□□: 16:22:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:26:19	6:35	49	27:58	49	27:58	22.20	2:26:19	6:35	8		8	
Osdorfer Straße	20.40	2:33:30	7:31	62	48:30	62	48:30	42.60	4:59:49	7:02	7		7	
Bahnhof Griebnit	19.70	3:05:35	9:25	68	1:33:48	68	1:33:48	62.30	8:05:24	7:47	7	18:26	7	18:26
Kladower Straße	20.30	3:01:16	8:55	48	1:00:32	48	1:00:32	82.60	11:06:40	8:04	8	55:56	8	55:56
Gartenlaube	10.20	1:44:53	10:16	52	42:28	52	42:28	92.80	12:51:33	8:18	8		8	
Lauftreff Schönw	12.50	1:58:34	9:29	47	40:52	47	40:52	105.30	14:50:07	8:27	9	49:08	9	49:08
Ruderclub Oberh	12.30	2:15:40	11:01	56	1:36:32	56	1:36:32	117.60	17:05:47	8:43	10		10	
Hattwichstraße	15.40	3:23:53	13:14	55	2:44:45	55	2:44:45	133.00	20:29:40	9:14	78	20:29:40	78	20:29:40
Gedenkstätte	19.50	3:46:49	11:37	52	3:07:41	52	3:07:41	152.50	24:16:29	9:33	78	24:16:29	78	24:16:29
Stadion Lobeckst	8.40	1:32:25	11:00	28	33:12	28	33:12	160.90	25:48:54	9:37	53	9:26:37	53	9:26:37