



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Kelbel, Joe

□□: marathon4you.de

□□: 99

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 26:05:09

□□: 6.13 km/h

□□□□: 9:44 min/km

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□□□□□□: 16:22:17

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Klein-Ziethener-V	22.20	2:25:50	6:34	47	27:29	47	27:29	22.20	2:25:50	6:34	5		5	
Osdorfer Straße	20.40	2:17:50	6:45	38	32:50	38	32:50	42.60	4:43:40	6:39	4		4	
Bahnhof Griebnit	19.70	2:30:36	7:38	35	58:49	35	58:49	62.30	7:14:16	6:58	4		4	
Kladower Straße	20.30	2:53:52	8:33	38	53:08	38	53:08	82.60	10:08:08	7:21	6		6	
Gartenlaube	10.20	1:35:34	9:22	41	33:09	41	33:09	92.80	11:43:42	7:34	6		6	
Lauftreff Schönw	12.50	1:55:34	9:14	41	37:52	41	37:52	105.30	13:39:16	7:46	6		6	
Ruderclub Oberh	12.30	1:55:03	9:21	38	1:15:55	38	1:15:55	117.60	15:34:19	7:56	7		7	
Hattwichstraße	15.40	3:32:17	13:47	63	2:53:09	63	2:53:09	133.00	19:06:36	8:37	78	19:06:36	78	19:06:36
Gedenkstätte	19.50	4:59:59	15:23	81	4:20:51	81	4:20:51	152.50	24:06:35	9:29	78	24:06:35	78	24:06:35
Stadion Lobeckst	8.40	1:58:34	14:06	63	59:21	63	59:21	160.90	26:05:09	9:43	56	9:42:52	56	9:42:52