



# 100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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**Pawzik, Heike**

□□: LG Nord Berlin

□□: 85

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 26:29:50

□□: 6.04 km/h

□□□□: 9:53 min/km

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□□□□□□: 16:22:17

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Klein-Ziethener-V	22.20	2:37:40	7:06	68	39:19	68	39:19	22.20	2:37:40	7:06	3	9:08	3	9:08
Osdorfer Straße	20.40	2:31:21	7:25	59	46:21	59	46:21	42.60	5:09:01	7:15	2	5:10	2	5:10
Bahnhof Griebnit	19.70	3:02:47	9:16	66	1:31:00	66	1:31:00	62.30	8:11:48	7:53	2	24:50	2	24:50
Kladower Straße	20.30	3:12:49	9:29	59	1:12:05	59	1:12:05	82.60	11:24:37	8:17	3	1:13:53	3	1:13:53
Gartenlaube	10.20	1:44:56	10:17	53	42:31	53	42:31	92.80	13:09:33	8:30	4		4	
Lauftreff Schönw	12.50	2:10:31	10:26	60	52:49	60	52:49	105.30	15:20:04	8:44	4	1:19:05	4	1:19:05
Ruderclub Oberh	12.30	2:34:48	12:35	76	1:55:40	76	1:55:40	117.60	17:54:52	9:08	5	12:40	5	12:40
Hattwichstraße	15.40	3:05:15	12:01	47	2:26:07	47	2:26:07	133.00	21:00:07	9:28	78	21:00:07	78	21:00:07
Gedenkstätte	19.50	3:44:43	11:31	47	3:05:35	47	3:05:35	152.50	24:44:50	9:44	78	24:44:50	78	24:44:50
Stadion Lobeckst	8.40	1:45:00	12:30	47	45:47	47	45:47	160.90	26:29:50	9:52	57	10:07:33	57	10:07:33