



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Dornfeld, Thorsten

□□: MTV Vorsfelde Marathon

□□: 63

□□: 160.90 km

100MeilenBerlin

□□□□:

Gesamt

□□□: 26:34:36

□□: 6.02 km/h

□□□□: 9:55 min/km

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□□□□□□: 16:22:17

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Klein-Ziethener-V	22.20	2:14:27	6:03	22	16:06	22	16:06	22.20	2:14:27	6:03	12		12	
Osdorfer Straße	20.40	2:07:08	6:13	20	22:08	20	22:08	42.60	4:21:35	6:08	44		44	
Bahnhof Griebnit	19.70	2:46:19	8:26	50	1:14:32	50	1:14:32	62.30	7:07:54	6:52	44		44	
Kladower Straße	20.30	3:29:11	10:18	70	1:28:27	70	1:28:27	82.60	10:37:05	7:42	2	26:21	2	26:21
Gartenlaube	10.20	1:39:15	9:43	44	36:50	44	36:50	92.80	12:16:20	7:56	2		2	
Lauftreff Schönw	12.50	2:05:15	10:01	56	47:33	56	47:33	105.30	14:21:35	8:10	2	20:36	2	20:36
Ruderclub Oberh	12.30	2:27:17	11:58	68	1:48:09	68	1:48:09	117.60	16:48:52	8:34	3		3	
Hattwichstraße	15.40	3:34:47	13:56	65	2:55:39	65	2:55:39	133.00	20:23:39	9:12	78	20:23:39	78	20:23:39
Gedenkstätte	19.50	4:09:28	12:47	70	3:30:20	70	3:30:20	152.50	24:33:07	9:39	78	24:33:07	78	24:33:07
Stadion Lobeckst	8.40	2:01:29	14:27	65	1:02:16	65	1:02:16	160.90	26:34:36	9:54	59	10:12:19	59	10:12:19