



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Kupferschmidt, John

□□□: 26:52:14

□□: Berlin

□□: 5.95 km/h

□□: 10

□□□□: 10:01 min/km

□□: 160.90 km

□□□□□/□□□: 60 (of 92)

100MeilenBerlin

□□□□□/□□□: 60 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 60(of 92)

Gesamt

□□□□□□□: 16:22:17

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|-------|---------|----------|-----------|-----------|
| Klein-Ziethener-V | 22.20 | 3:13:33 | 8:43 | 87 | 1:15:12 | 87 | 1:15:12 | 22.20 | 3:13:33 | 8:43 | 44 | 45:01 | 44 | 45:01 |
| Osdorfer Straße | 20.40 | 2:50:29 | 8:21 | 79 | 1:05:29 | 79 | 1:05:29 | 42.60 | 6:04:02 | 8:32 | 43 | 1:00:11 | 43 | 1:00:11 |
| Bahnhof Griebnit | 19.70 | 2:53:19 | 8:47 | 58 | 1:21:32 | 58 | 1:21:32 | 62.30 | 8:57:21 | 8:37 | 31 | 1:10:23 | 31 | 1:10:23 |
| Kladower Straße | 20.30 | 3:21:05 | 9:54 | 64 | 1:20:21 | 64 | 1:20:21 | 82.60 | 12:18:26 | 8:56 | 11 | 2:07:42 | 11 | 2:07:42 |
| Gartenlaube | 10.20 | 1:48:00 | 10:35 | 62 | 45:35 | 62 | 45:35 | 92.80 | 14:06:26 | 9:07 | 11 | 42:26 | 11 | 42:26 |
| Lauftreff Schönw | 12.50 | 2:01:38 | 9:43 | 52 | 43:56 | 52 | 43:56 | 105.30 | 16:08:04 | 9:11 | 12 | 2:07:05 | 12 | 2:07:05 |
| Ruderclub Oberh | 12.30 | 2:10:11 | 10:35 | 48 | 1:31:03 | 48 | 1:31:03 | 117.60 | 18:18:15 | 9:20 | 82 | 36:03 | 82 | 36:03 |
| Hattwichstraße | 15.40 | 3:04:41 | 11:59 | 46 | 2:25:33 | 46 | 2:25:33 | 133.00 | 21:22:56 | 9:38 | 78 | 21:22:56 | 78 | 21:22:56 |
| Gedenkstätte | 19.50 | 3:50:27 | 11:49 | 59 | 3:11:19 | 59 | 3:11:19 | 152.50 | 25:13:23 | 9:55 | 78 | 25:13:23 | 78 | 25:13:23 |
| Stadion Lobeckst | 8.40 | 1:38:51 | 11:46 | 37 | 39:38 | 37 | 39:38 | 160.90 | 26:52:14 | 10:01 | 60 | 10:29:57 | 60 | 10:29:57 |