



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Schwochert, Marcus

□□□: 28:04:05

□□: Berlin

□□: 5.70 km/h

□□: 79

□□□□: 10:28 min/km

□□: 160.90 km

□□□□□/□□□: 63 (of 92)

100MeilenBerlin

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□□□□□□: 16:22:17

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□□□□□: 63(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:39:37	7:11	75	41:16	75	41:16	22.20	2:39:37	7:11	40	11:05	40	11:05
Osdorfer Straße	20.40	2:43:31	8:00	73	58:31	73	58:31	42.60	5:23:08	7:35	40	19:17	40	19:17
Bahnhof Griebnit	19.70	3:10:15	9:39	71	1:38:28	71	1:38:28	62.30	8:33:23	8:14	40	46:25	40	46:25
Kladower Straße	20.30	3:33:09	10:30	71	1:32:25	71	1:32:25	82.60	12:06:32	8:47	37	1:55:48	37	1:55:48
Gartenlaube	10.20	1:50:15	10:48	68	47:50	68	47:50	92.80	13:56:47	9:01	38	32:47	38	32:47
Lauftreff Schönw	12.50	2:10:33	10:26	61	52:51	61	52:51	105.30	16:07:20	9:11	39	2:06:21	39	2:06:21
Ruderclub Oberh	12.30	2:22:41	11:36	61	1:43:33	61	1:43:33	117.60	18:30:01	9:26	82	47:49	82	47:49
Hattwichstraße	15.40	3:52:15	15:04	77	3:13:07	77	3:13:07	133.00	22:22:16	10:05	78	22:22:16	78	22:22:16
Gedenkstätte	19.50	3:58:33	12:14	66	3:19:25	66	3:19:25	152.50	26:20:49	10:21	78	26:20:49	78	26:20:49
Stadion Lobeckst	8.40	1:43:16	12:17	45	44:03	45	44:03	160.90	28:04:05	10:27	63	11:41:48	63	11:41:48