



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Ulmschneider, Klaus-Peter

□□□: 28:05:32

□□: 100 Marathon Club

□□: 5.70 km/h

□□: 20

□□□□: 10:29 min/km

□□: 160.90 km

□□□□□/□□□: 64 (of 92)

100MeilenBerlin

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□□□□□□: 16:22:17

□□□□:

□□□□□: 64(of 92)

Gesamt

□□□□□□: 16:22:17

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|-------|---------|----------|-----------|-----------|
| Klein-Ziethener-V | 22.20 | 2:37:25 | 7:05 | 67 | 39:04 | 67 | 39:04 | 22.20 | 2:37:25 | 7:05 | 38 | 8:53 | 38 | 8:53 |
| Osdorfer Straße | 20.40 | 2:38:48 | 7:47 | 68 | 53:48 | 68 | 53:48 | 42.60 | 5:16:13 | 7:25 | 38 | 12:22 | 38 | 12:22 |
| Bahnhof Griebnit | 19.70 | 2:47:28 | 8:30 | 52 | 1:15:41 | 52 | 1:15:41 | 62.30 | 8:03:41 | 7:45 | 38 | 16:43 | 38 | 16:43 |
| Kladower Straße | 20.30 | 2:57:14 | 8:43 | 40 | 56:30 | 40 | 56:30 | 82.60 | 11:00:55 | 8:00 | 35 | 50:11 | 35 | 50:11 |
| Gartenlaube | 10.20 | 1:53:37 | 11:08 | 70 | 51:12 | 70 | 51:12 | 92.80 | 12:54:32 | 8:20 | 36 | | 36 | |
| Lauftreff Schönw | 12.50 | 1:58:13 | 9:27 | 44 | 40:31 | 44 | 40:31 | 105.30 | 14:52:45 | 8:28 | 37 | 51:46 | 37 | 51:46 |
| Ruderclub Oberh | 12.30 | 2:28:22 | 12:03 | 69 | 1:49:14 | 69 | 1:49:14 | 117.60 | 17:21:07 | 8:51 | 37 | | 37 | |
| Hattwichstraße | 15.40 | 3:38:47 | 14:12 | 67 | 2:59:39 | 67 | 2:59:39 | 133.00 | 20:59:54 | 9:28 | 78 | 20:59:54 | 78 | 20:59:54 |
| Gedenkstätte | 19.50 | 4:40:22 | 14:22 | 80 | 4:01:14 | 80 | 4:01:14 | 152.50 | 25:40:16 | 10:06 | 78 | 25:40:16 | 78 | 25:40:16 |
| Stadion Lobeckst | 8.40 | 2:25:16 | 17:17 | 76 | 1:26:03 | 76 | 1:26:03 | 160.90 | 28:05:32 | 10:28 | 64 | 11:43:15 | 64 | 11:43:15 |