



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

□□□□

Wintjens, Peter

□□□: 29:13:06

□□: Kleve

□□: 5.51 km/h

□□: 48

□□□□: 10:54 min/km

□□: 160.90 km

□□□□□/□□□: 71 (of 92)

100MeilenBerlin

□□□□□/□□□: 71 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 71(of 92)

Gesamt

□□□□□□: 16:22:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:38:06	7:07	71	39:45	71	39:45	22.20	2:38:06	7:07	31	9:34	31	9:34
Osdorfer Straße	20.40	2:50:18	8:20	78	1:05:18	78	1:05:18	42.60	5:28:24	7:42	31	24:33	31	24:33
Bahnhof Griebnit	19.70	3:28:57	10:36	82	1:57:10	82	1:57:10	62.30	8:57:21	8:37	31	1:10:23	31	1:10:23
Kladower Straße	20.30	3:53:42	11:30	78	1:52:58	78	1:52:58	82.60	12:51:03	9:20	28	2:40:19	28	2:40:19
Gartenlaube	10.20	1:49:05	10:41	66	46:40	66	46:40	92.80	14:40:08	9:29	29	1:16:08	29	1:16:08
Lauftreff Schönw	12.50	2:17:07	10:58	66	59:25	66	59:25	105.30	16:57:15	9:39	30	2:56:16	30	2:56:16
Ruderclub Oberh	12.30	2:34:33	12:33	75	1:55:25	75	1:55:25	117.60	19:31:48	9:57	82	1:49:36	82	1:49:36
Hattwichstraße	15.40	3:44:11	14:33	72	3:05:03	72	3:05:03	133.00	23:15:59	10:29	78	23:15:59	78	23:15:59
Gedenkstätte	19.50	4:10:35	12:51	71	3:31:27	71	3:31:27	152.50	27:26:34	10:47	78	27:26:34	78	27:26:34
Stadion Lobeckst	8.40	1:46:32	12:40	50	47:19	50	47:19	160.90	29:13:06	10:53	71	12:50:49	71	12:50:49