



8. Lorsch Triathlon

Lorsch / 28.08.2011

□□□□

Weirich, Benni

□□□: 1:06:53

□□: Lambrecht

□□: 202

□□: 25.50 km

Lorsch Triathlon 0,5-20-5

□□□□□/□□□: 34 (of 294)

□□□□□/□: 33 (of 220)

□□□□□□: 58:13

□□□□:

männl. AK 1 (TM 20-24)

□□□□□: 1(of 9)

□□□□□□□: 1:06:53

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|---------------|-------|---------|-------|----|----|----|------|-------|---------|-------|----|----|-----|------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| Schwimmen | 0.50 | 9:02 | 0.00 | 1 | - | 32 | 1:51 | 0.50 | 9:02 | 0.00 | 9 | - | 220 | 0:37 |
| Schwimmen □□□ | 0.50 | 9:02 | | | | | | | | | | | | |
| Rad | 20.00 | 39:27 | 30.42 | 1 | - | 66 | 6:16 | 20.50 | 48:29 | 24.75 | 10 | - | 219 | 5:22 |
| Rad □□□ | 20.00 | 39:27 | | | | | | | | | | | | |
| Lauf | 5.00 | 18:24 | 16.30 | 1 | - | 24 | 8:15 | 25.50 | 1:06:53 | 22.43 | 1 | - | 38 | 8:40 |
| Lauf □□□ | 25.00 | 1:06:53 | | | | | | | | | | | | |