



8. Lorsch Triathlon

Lorsch / 28.08.2011

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Kuhnt-Hellermann, Stephanie

000: 1:17:51

00: Mörlenbach

00: 273

00: 25.50 km

Lorsch Triathlon 0,5-20-5

00000/000: 137 (of 294)

00000/0: 12 (of 74)

000000: 1:03:24

0000:

weibl. AK 4 (TW 35-39)

00000: 3(of 7)

0000000: 1:03:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen	0.50	11:26	0.00	4	2:56	29	4:23	0.50	11:26	0.00	8		75	2:56
Schwimmen 000	0.50	11:26												
Rad	20.00	41:22	29.01	2	5:27	11	5:27	20.50	52:48	22.73	8		75	8:23
Rad 000	20.00	41:22												
Lauf	5.00	25:03	11.98	4	6:04	30	6:11	25.50	1:17:51	19.27	3	14:27	12	14:27
Lauf 000	25.00	1:17:51												