



8. Lorsch Triathlon

Lorsch / 28.08.2011

□□□□

Neil, Stephanie

□□□: 1:21:46

□□: Mühlthal

□□: 263

□□: 25.50 km

Lorsch Triathlon 0,5-20-5

□□□□□/□□□: 187 (of 294)

□□□□□/□: 32 (of 74)

□□□□□□: 1:03:24

□□□□:

Seniorinnen 1 (TW 40-44)

□□□□□: 13(of 20)

□□□□□□□: 1:13:26

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|---------------|-------|---------|-------|----|------|----|------|-------|---------|-------|----|------|----|-------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| Schwimmen | 0.50 | 10:39 | 0.00 | 4 | 1:15 | 15 | 3:36 | 0.50 | 10:39 | 0.00 | 21 | | 75 | 2:09 |
| Schwimmen □□□ | 0.50 | 10:39 | | | | | | | | | | | | |
| Rad | 20.00 | 42:36 | 28.17 | 6 | 3:08 | 15 | 6:41 | 20.50 | 53:15 | 22.54 | 21 | | 75 | 8:50 |
| Rad □□□ | 20.00 | 42:36 | | | | | | | | | | | | |
| Lauf | 5.00 | 28:31 | 10.52 | 17 | 9:39 | 56 | 9:39 | 25.50 | 1:21:46 | 18.34 | 13 | 8:20 | 32 | 18:22 |
| Lauf □□□ | 25.00 | 1:21:46 | | | | | | | | | | | | |