



8. Lorsch Triathlon

Lorsch / 28.08.2011

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Hofmann, Matthias

000: 1:07:14

00: 365

00: 25.50 km

Lorsch Triathlon 0,5-20-5

00000/000: 38 (of 294)

00000/0: 37 (of 220)

000000: 58:13

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Senioren 1 (TM 40-44)

00000: 7(of 45)

0000000: 1:00:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen	0.50	10:10	0.00	18	2:36	75	2:59	0.50	10:10	0.00	46		18	1:45
Schwimmen 000	0.50	10:10												
Rad	20.00	36:54	32.52	6	3:35	27	3:43	20.50	47:04	25.50	46		219	3:57
Rad 000	20.00	36:54												
Lauf	5.00	20:10	14.88	12	10:01	56	10:01	25.50	1:07:14	22.31	8	7:03	42	9:01
Lauf 000	25.00	1:07:14												