



8. Lorsch Triathlon

Lorsch / 28.08.2011

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Cerwenetz, Kurt

000: 1:13:03

00: SRH Campus Sports

00: 121

00: 25.50 km

Lorsch Triathlon 0,5-20-5

00000/000: 84 (of 294)

00000/0: 80 (of 220)

000000: 58:13

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Senioren 2 (TM 45.49)

00000: 10(of 31)

0000000: 1:00:58

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen	0.50	11:59	0.00	19	4:00	141	4:48	0.50	11:59	0.00	23		220	3:34
Schwimmen 000	0.50	11:59												
Rad	20.00	38:52	30.87	8	4:10	61	5:41	20.50	50:51	23.60	23		219	7:44
Rad 000	20.00	38:52												
Lauf	5.00	22:12	13.51	15	11:49	103	12:03	25.50	1:13:03	20.53	12	12:05	87	14:50
Lauf 000	25.00	1:13:03												