



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

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Götte, Angela

□□□: 4:02:34

□□: 1060

□□: 6.48 km/h

□□□□: 9:16 min/km

□□: 26.20 km

□□□□□/□□□: 8 (of 11)

Brocken-Walking

□□□□□/□: 3 (of 4)

□□□□□□: 3:50:03

□□□□:

□□□□□: 3(of 4)

Walking Frauen

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	32:31	9:51	4	0:56	4	0:56	3.30	32:31	9:51	3	0:37	3	0:37
Schlüsie	3.10	fehlt!	-	-	-	-	-	6.40	-	-	-	-	-	-
Hermannsklippe	2.60	59:01	22:41	1	-	1	-	9.00	1:31:32	10:10	3	-	3	-
Brocken	3.10	44:46	14:26	1	-	1	-	12.10	2:16:18	11:15	3	-	3	-
Eiserner Handwe	3.60	30:34	8:29	3	3:48	3	3:48	15.70	2:46:52	10:37	3	2:12	3	2:12
Schlüsie	4.00	27:52	6:58	3	4:28	3	4:28	19.70	3:14:44	9:53	3	6:40	3	6:40
Loddenke	3.20	24:04	7:31	3	3:28	3	3:28	22.90	3:38:48	9:33	3	10:08	3	10:08
Ilseburg/Markt	3.30	23:46	7:12	2	2:23	2	2:23	26.20	4:02:34	9:15	3	12:31	3	12:31