



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

□□□□

Buchmann, Andreas

□□□: 2:42:17

□□: Thale

□□: 9.61 km/h

□□: 357

□□□□: 6:11 min/km

□□: 26.20 km

□□□□□/□□□: 173 (of 370)

Brockenlauf

□□□□□/□: 153 (of 317)

□□□□□□: 1:45:06

□□□□:

□□□□□: 24(of 51)

Männer M50

□□□□□□□: 1:57:52

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:31 | 5:54 | 27 | 4:17 | 181 | 6:29 | 3.30 | 19:31 | 5:54 | 49 | - | 148 | 6:28 |
| Schlüsie | 3.10 | 22:17 | 7:11 | 29 | 5:52 | 208 | 8:22 | 6.40 | 41:48 | 6:31 | 49 | - | 148 | 14:20 |
| Hermannsklippe | 2.60 | 19:30 | 7:30 | 29 | 5:54 | 204 | 7:48 | 9.00 | 1:01:18 | 6:48 | 49 | - | 148 | 21:46 |
| Brocken | 3.10 | 32:03 | 10:20 | 24 | 9:39 | 168 | 13:02 | 12.10 | 1:33:21 | 7:42 | 49 | - | 148 | 33:23 |
| Eiserner Handwe | 3.60 | 19:25 | 5:23 | 25 | 5:53 | 149 | 6:57 | 15.70 | 1:52:46 | 7:10 | 49 | - | 148 | 40:20 |
| Schlüsie | 4.00 | 17:38 | 4:24 | 24 | 4:49 | 135 | 6:25 | 19.70 | 2:10:24 | 6:37 | 13 | - | 148 | 46:45 |
| Loddenke | 3.20 | 15:12 | 4:44 | 17 | 3:52 | 110 | 4:48 | 22.90 | 2:25:36 | 6:21 | 49 | - | 148 | 51:33 |
| Ilseburg/Markt | 3.30 | 16:41 | 5:03 | 22 | 4:32 | 128 | 5:38 | 26.20 | 2:42:17 | 6:11 | 24 | 44:25 | 153 | 57:11 |