



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

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Eyermann, Lothar

□□: Brockenlaufverein  
 □□: 210

□□: 26.20 km  
 Brockenlauf

□□□□:  
 Männer M65

□□□: 2:44:02

□□: 9.51 km/h  
 □□□□: 6:16 min/km

□□□□□/□□□: 187 (of 370)

□□□□□/□: 167 (of 317)

□□□□□□: 1:45:06

□□□□□: 2(of 13)

□□□□□□□: 2:32:40

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□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 18:25    | 5:34         | 1       | -       | 123     | 5:23    | 3.30  | 18:25     | 5:34      | 1             | -       | 103     | 5:22    |         |
| Schlüsie        | 3.10     | 21:44    | 7:00         | 1       | -       | 187     | 7:49    | 6.40  | 40:09     | 6:16      | 1             | -       | 162     | 12:41   |         |
| Hermannsklippe  | 2.60     | 18:38    | 7:09         | 1       | -       | 172     | 6:56    | 9.00  | 58:47     | 6:31      | 1             | -       | 162     | 19:15   |         |
| Brocken         | 3.10     | 29:36    | 9:32         | 1       | -       | 111     | 10:35   | 12.10 | 1:28:23   | 7:18      | 1             | -       | 162     | 28:25   |         |
| Eiserner Handwe | 3.60     | 20:27    | 5:40         | 4       | 1:14    | 181     | 7:59    | 15.70 | 1:48:50   | 6:55      | 1             | -       | 162     | 36:24   |         |
| Schlüsie        | 4.00     | 17:44    | 4:26         | 3       | 1:09    | 142     | 6:31    | 19.70 | 2:06:34   | 6:25      | 1             | -       | 162     | 42:55   |         |
| Loddenke        | 3.20     | 17:05    | 5:20         | 5       | 1:46    | 184     | 6:41    | 22.90 | 2:23:39   | 6:16      | 1             | -       | 162     | 49:36   |         |
| Ilseburg/Markt  | 3.30     | 20:23    | 6:10         | 7       | 4:30    | 245     | 9:20    | 26.20 | 2:44:02   | 6:15      | 2             | 11:22   | 166     | 58:56   |         |