



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

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Gropp, Eberhard

□□: Ilsenburg

□□: 1062

□□: 26.20 km

Brocken-Walking

□□□□:

Walking Männer

□□□: 4:37:55

□□: 5.61 km/h

□□□□: 10:37 min/km

□□□□□/□□□: 10 (of 11)

□□□□□/□: 6 (of 7)

□□□□□□: 3:37:54

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	32:42	9:54	6	4:30	6	4:30	3.30	32:42	9:54	5	4:30	5	4:30
Schlüsie	3.10	fehlt!	-	-	-	-	-	6.40	-	-	-	-	-	-
Hermannsklippe	2.60	1:00:51	23:24	6	12:09	6	12:09	9.00	1:33:33	10:23	6	14:23	6	14:23
Brocken	3.10	48:17	15:34	2	8:34	2	8:34	12.10	2:21:50	11:43	2	12:56	2	12:56
Eiserner Handwe	3.60	37:44	10:28	2	6:12	2	6:12	15.70	2:59:34	11:26	6	39:25	6	39:25
Schlüsie	4.00	35:14	8:48	6	8:34	6	8:34	19.70	3:34:48	10:54	6	47:41	6	47:41
Loddenke	3.20	30:57	9:40	6	9:41	6	9:41	22.90	4:05:45	10:43	6	53:54	6	53:54
Ilsenburg/Markt	3.30	32:10	9:44	7	11:04	7	11:04	26.20	4:37:55	10:36	6	1:00:01	6	1:00:01