



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

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Christmann, Willi

□□: Blau Weiß Hettstedt  
 □□: 229

□□: 26.20 km  
 Brockenlauf

□□□□:  
 Männer M75

□□□: 3:00:31

□□: 8.71 km/h  
 □□□□: 6:53 min/km

□□□□□/□□□: 270 (of 370)

□□□□□/□: 235 (of 317)

□□□□□□: 1:45:06

□□□□□: 1(of 2)

□□□□□□□: 3:00:31

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	22:09	6:42	1	-	271	9:07	3.30	22:09	6:42	1	-	232	9:06
Schlüsie	3.10	24:13	7:48	1	-	258	10:18	6.40	46:22	7:14	1	-	232	18:54
Hermannsklippe	2.60	21:24	8:13	1	-	253	9:42	9.00	1:07:46	7:31	1	-	232	28:14
Brocken	3.10	33:27	10:47	1	-	209	14:26	12.10	1:41:13	8:21	1	-	232	41:15
Eiserner Handwe	3.60	23:11	6:26	1	-	250	10:43	15.70	2:04:24	7:55	1	-	232	51:58
Schlüsie	4.00	20:27	5:06	1	-	226	9:14	19.70	2:24:51	7:21	1	-	232	1:01:12
Loddenke	3.20	17:54	5:35	1	-	201	7:30	22.90	2:42:45	7:06	1	-	232	1:08:42
Ilsenburg/Markt	3.30	17:46	5:23	1	-	173	6:43	26.20	3:00:31	6:53	1	-	235	1:15:25