



4. Park&See-Lauf
Hof / 01.10.2011

□□□□

Saalfrank, Siegfried

□□: Viessmann kool runnings

□□: 133

□□: 21.10 km

Halbmarathon

□□□□:

Männer M70

□□□: 2:12:55

□□: 9.48 km/h

□□□□: 6:18 min/km

□□□□□/□□□: 155 (of 191)

□□□□□/□: 131 (of 151)

□□□□□□: 1:14:14

□□□□□: 1(of 2)

□□□□□□□: 2:12:55