



10. Langenberg-Marathon

Bruchhausen / 02.10.2011

□□□□

Raaijmakers, Hans

□□□: 4:10:34

□□: Racing team Manders

□□: 19.16 km/h

□□: 416

□□: 80.00 km

□□□□□/□□□: 78 (of 157)

Langdistanz

□□□□□/□: 75 (of 149)

□□□□□□: 3:15:55

□□□□:

□□□□□: 10(of 21)

Senioren III

□□□□□□□: 3:40:24

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Rundenkontrolle | 45.00 | 2:10:54 | 20.63 | 10 | 17:46 | 78 | 28:29 | 45.00 | 2:10:54 | 20.63 | 13 | | 77 | 27:35 |
| □□ | 35.00 | 1:59:40 | 17.55 | 9 | 12:24 | 70 | 47:39 | 80.00 | 4:10:34 | 19.16 | 10 | 30:10 | 75 | 54:39 |