



# 10. Langenberg-Marathon

Bruchhausen / 02.10.2011

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**Keiluweit, Ralf**

000: 5:55:30

00: Apres Biker

00: 13.50 km/h

00: 413

00: 80.00 km

00000/000: 154 (of 157)

Langdistanz

00000/0: 146 (of 149)

000000: 3:15:55

0000:

00000: 21(of 21)

Senioren III

0000000: 3:40:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	45.00	2:59:29	15.04	21	1:06:21	148	1:17:04	45.00	2:59:29	15.04	2	40:29	148	1:16:10
00	35.00	2:56:01	11.93	21	1:08:45	146	1:44:00	80.00	5:55:30	13.50	21	2:15:06	146	2:39:35