

5. Schlaubetal-Marathon 5. Schlaupetal-Maration Eisenhüttenstadt / 15.10.2011



Hennig, René

□ : Eisenhüttenstadt

□□: 361

□□: 21.10 km

Cross-Halbmarathon

Männer M35

□□□: 1:56:42

□□: 10.80 km/h

□□□□: 5:32 min/km

_____: 59 (of 130)

____/_: 54 (of 97)

[][][]: 1:23:55

□□□□: 8(of 10)

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	km		min/km	-	-			km		min/km	-	-		
<u> </u>	10.60	55:19	5:13	6	5:48	42	13:10	10.60	55:19	5:13	8	5:19	21	
	10.50	1:01:23	5:50	9	17:34	70	19:37	21.10	1:56:42	5:31	8	22:53	54	32:47