



# 5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

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**Biastoch, Lutz**

□□: RC 1898 Radeberg

□□: 639

□□: 42.19 km

Cross-Marathon

□□□□:

Männer M45

□□□: 3:13:02

□□: 13.05 km/h

□□□□: 4:35 min/km

□□□□□/□□□: 3 (of 104)

□□□□□/□: 3 (of 89)

□□□□□□: 2:55:05

□□□□□: 1(of 21)

□□□□□□□: 3:13:02

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| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 11.60    | 49:51    | 4:17         | 2       | 1:16    | 4       | 2:35    | 11.60 | 49:51     | 4:17      | 12            | -       | -       | 66      |         |
| □□ 2   | 18.40    | 1:25:27  | 4:38         | 2       | 0:01    | 4       | 8:07    | 30.00 | 2:15:18   | 4:30      | 11            | -       | -       | 65      |         |
| □□ 3   | 3.50     | 13:13    | 3:46         | 2       | 0:10    | 7       | 1:41    | 33.50 | 2:28:31   | 4:26      | 11            | -       | -       | 65      |         |
| □□□ □□ | 8.69     | 44:31    | 5:07         | 1       | -       | 4       | 6:41    | 42.19 | 3:13:02   | 4:34      | 1             | -       | -       | 3       | 17:57   |