



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

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Skeries, Alexandra

00: BSG Pneumant Fürstenwalde
00: 616

00: 42.19 km
Cross-Marathon

0000:
Frauen W30

000: 4:00:41

00: 10.47 km/h
0000: 5:42 min/km

00000/000: 44 (of 104)

00000/0: 5 (of 15)

000000: 3:24:52

00000: 1(of 3)

0000000: 4:00:41

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|-------|---------|--------|----|----|----|-------|-------|---------|--------|----|----|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 11.60 | 56:27 | 4:51 | 1 | - | 3 | 3:40 | 11.60 | 56:27 | 4:51 | 1 | - | 5 | 2:04 |
| 00 2 | 18.40 | 1:48:59 | 5:55 | 1 | - | 5 | 19:24 | 30.00 | 2:45:26 | 5:30 | 1 | - | 5 | 21:28 |
| 00 3 | 3.50 | 17:00 | 4:51 | 1 | - | 5 | 3:16 | 33.50 | 3:02:26 | 5:26 | 1 | - | 5 | 24:44 |
| 000 00 | 8.69 | 58:15 | 6:42 | 1 | - | 5 | 11:05 | 42.19 | 4:00:41 | 5:42 | 1 | - | 5 | 35:49 |