



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

0000

Heinze, Michael

00: Beeksow

00: 665

00: 42.19 km

Cross-Marathon

0000:

Männer M45

000: 4:04:52

00: 10.29 km/h

0000: 5:48 min/km

00000/000: 52 (of 104)

00000/0: 47 (of 89)

000000: 2:55:05

00000: 14(of 21)

0000000: 3:13:02

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:00:31	5:13	17	11:56	50	13:15	11.60	1:00:31	5:13	8	7:43	21	
00 2	18.40	1:49:00	5:55	15	23:34	47	31:40	30.00	2:49:31	5:39	8	8:23	21	
00 3	3.50	16:49	4:48	12	3:46	44	5:17	33.50	3:06:20	5:33	8	10:05	21	
000 00	8.69	58:32	6:44	13	14:01	45	20:42	42.19	4:04:52	5:48	14	51:50	47	1:09:47