



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

0000

Rogsch, Norbert

00: Strausberg

00: 622

00: 42.19 km

Cross-Marathon

0000:

Männer M55

000: 4:29:54

00: 9.34 km/h

0000: 6:24 min/km

00000/000: 68 (of 104)

00000/0: 62 (of 89)

000000: 2:55:05

00000: 5(of 7)

0000000: 3:29:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:07:43	5:50	7	14:33	72	20:27	11.60	1:07:43	5:50	5	14:33	6	5:53
00 2	18.40	2:01:43	6:36	7	29:07	69	44:23	30.00	3:09:26	6:18	5	43:40	6	19:37
00 3	3.50	17:55	5:07	5	3:56	55	6:23	33.50	3:27:21	6:11	5	47:23	6	20:18
000 00	8.69	1:02:33	7:11	5	13:29	53	24:43	42.19	4:29:54	6:23	5	1:00:17	62	1:34:49