



# 5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

0000

Steinigk, Volker

00: Dresden

00: 607

00: 42.19 km

Cross-Marathon

0000:

Männer M20

000: 4:41:52

00: 8.94 km/h

0000: 6:41 min/km

00000/000: 87 (of 104)

00000/0: 77 (of 89)

000000: 2:55:05

00000: 5(of 6)

0000000: 2:55:05

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:12:20	6:14	6	25:04	83	25:04	11.60	1:12:20	6:14	5	25:04	36	10:30
00 2	18.40	2:05:44	6:50	5	48:24	78	48:24	30.00	3:18:04	6:36	5	1:12:32	35	28:15
00 3	3.50	19:46	5:38	5	8:14	76	8:14	33.50	3:37:50	6:30	5	1:20:35	35	30:47
000 00	8.69	1:04:02	7:22	5	26:12	61	26:12	42.19	4:41:52	6:40	5	1:46:47	77	1:46:47