



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Tschannen, Andreas

□□□: 3:51:02

□□: LSV Basel

□□: 10.91 km/h

□□: 409

□□□□: 5:29 min/km

□□: 42.16 km

□□□□□/□□□: 20 (of 311)

Marathon

□□□□□/□: 20 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 3(of 62)

Männer M45

□□□□□□□: 3:40:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	5.27	27:28	5:12	6	3:18	40	5:45	5.27	27:28	5:12	37	-	26	
Runde	5.27	27:04	5:08	4	2:16	31	5:21	10.54	54:32	5:10	34	-	21	11:06
Runde	5.27	28:03	5:19	4	2:22	34	5:48	15.81	1:22:35	5:13	34	-	21	16:54
Runde	5.27	28:10	5:20	3	1:32	26	5:22	21.08	1:50:45	5:15	34	-	21	22:16
Runde	5.27	29:02	5:30	3	0:54	23	6:26	26.35	2:19:47	5:18	34	-	21	28:42
Runde	5.27	30:08	5:43	4	1:03	23	7:36	31.62	2:49:55	5:22	34	-	21	36:18
Runde	5.27	30:32	5:47	4	0:46	17	7:20	36.89	3:20:27	5:26	33	-	20	43:38
Runde	5.27	30:35	5:48	5	14:50	21	14:50	42.16	3:51:02	5:28	6	2:53:38	26	2:57:40