



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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peemöller, sven

□□: 100 Marathon Club
 □□: 282

□□: 42.16 km
 Marathon

□□□□:
 Männer M40

□□□: 4:01:10

□□: 10.45 km/h
 □□□□: 5:43 min/km

□□□□□/□□□: 37 (of 311)

□□□□□/□: 36 (of 279)

□□□□□□: 3:02:44

□□□□□: 9(of 62)

□□□□□□□: 3:33:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	25:35	4:51	6	2:49	23	3:52	5.27	25:35	4:51	41	-	42	
Runde	5.27	26:39	5:03	6	2:58	27	4:56	10.54	52:14	4:57	40	-	37	8:48
Runde	5.27	27:43	5:15	7	3:00	29	5:28	15.81	1:19:57	5:03	40	-	37	14:16
Runde	5.27	27:58	5:18	6	2:12	22	5:10	21.08	1:47:55	5:07	40	-	37	19:26
Runde	5.27	30:17	5:44	11	3:47	38	7:41	26.35	2:18:12	5:14	40	-	37	27:07
Runde	5.27	31:59	6:04	11	3:50	51	9:27	31.62	2:50:11	5:22	40	-	37	36:34
Runde	5.27	34:00	6:27	13	5:33	51	10:48	36.89	3:24:11	5:32	40	-	36	47:22
Runde	5.27	36:59	7:01	23	9:59	90	21:14	42.16	4:01:10	5:43	10	3:07:48	42	3:07:48