



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Fiebag, Marco

□□: Running Team Süßmann

□□: 81

□□: 42.16 km

Marathon

□□□□:

Männer M40

□□□: 4:14:24

□□: 9.91 km/h

□□□□: 6:02 min/km

□□□□□/□□□: 64 (of 311)

□□□□□/□: 59 (of 279)

□□□□□□: 3:02:44

□□□□□: 15(of 62)

□□□□□□□: 3:33:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	30:15	5:44	20	7:29	84	8:32	5.27	30:15	5:44	47		65	
Runde	5.27	28:03	5:19	11	4:22	41	6:20	10.54	58:18	5:31	46		43	14:52
Runde	5.27	30:06	5:42	19	5:23	73	7:51	15.81	1:28:24	5:35	46		60	22:43
Runde	5.27	30:36	5:48	18	4:50	66	7:48	21.08	1:59:00	5:38	46		60	30:31
Runde	5.27	30:17	5:44	11	3:47	38	7:41	26.35	2:29:17	5:39	46		43	38:12
Runde	5.27	33:07	6:17	15	4:58	63	10:35	31.62	3:02:24	5:46	46		60	48:47
Runde	5.27	35:11	6:40	16	6:44	67	11:59	36.89	3:37:35	5:53	46		59	1:00:46
Runde	5.27	36:49	6:59	22	9:49	86	21:04	42.16	4:14:24	6:02	16	3:21:02	65	3:21:02