



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Schmutzler, Gerhard

□□□: 4:16:12

□□: IfL Hof

□□: 9.87 km/h

□□: 345

□□□□: 6:05 min/km

□□: 42.16 km

□□□□□/□□□: 70 (of 311)

Marathon

□□□□□/□: 65 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 13(of 62)

Männer M45

□□□□□□□: 3:40:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	31:45	6:01	33	7:35	134	10:02	5.27	31:45	6:01	47	-	-	71	1:12
Runde	5.27	29:39	5:37	16	4:51	71	7:56	10.54	1:01:24	5:49	44	-	-	66	17:58
Runde	5.27	28:47	5:27	7	3:06	45	6:32	15.81	1:30:11	5:42	44	-	-	66	24:30
Runde	5.27	28:59	5:29	5	2:21	35	6:11	21.08	1:59:10	5:39	44	-	-	66	30:41
Runde	5.27	28:43	5:26	2	0:35	19	6:07	26.35	2:27:53	5:36	44	-	-	45	36:48
Runde	5.27	29:51	5:39	3	0:46	19	7:19	31.62	2:57:44	5:37	44	-	-	66	44:07
Runde	5.27	32:10	6:06	5	2:24	33	8:58	36.89	3:29:54	5:41	43	-	-	65	53:05
Runde	5.27	46:18	8:47	54	30:33	213	30:33	42.16	4:16:12	6:04	16	3:18:48	-	71	3:22:50