



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Dilling, Matthias

00: SV Empor Berlin

00: 58

00: 42.16 km

Marathon

0000:

Männer M20

000: 4:18:38

00: 9.78 km/h

0000: 6:08 min/km

00000/000: 76 (of 311)

00000/0: 71 (of 279)

000000: 3:02:44

00000: 6(of 19)

0000000: 3:02:44

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	27:56	5:18	6	6:13	45	6:13	5.27	27:56	5:18	15			77	
Runde	5.27	28:22	5:22	4	6:39	47	6:39	10.54	56:18	5:20	15			72	12:52
Runde	5.27	29:27	5:35	6	7:12	55	7:12	15.81	1:25:45	5:25	15			72	20:04
Runde	5.27	31:14	5:55	7	8:26	79	8:26	21.08	1:56:59	5:32	15			45	28:30
Runde	5.27	34:58	6:38	8	12:22	124	12:22	26.35	2:31:57	5:45	15			49	40:52
Runde	5.27	36:07	6:51	9	13:35	106	13:35	31.62	3:08:04	5:56	15			72	54:27
Runde	5.27	35:25	6:43	4	12:13	70	12:13	36.89	3:43:29	6:03	15			71	1:06:40
Runde	5.27	35:09	6:40	5	9:14	68	19:24	42.16	4:18:38	6:08	6	1:15:54		77	3:25:16