



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Christensen, Bjørn

00: Hjørring

00: 49

00: 42.16 km

Marathon

0000:

Männer M30

000: 4:28:01

00: 9.40 km/h

0000: 6:22 min/km

00000/000: 96 (of 311)

00000/0: 89 (of 279)

000000: 3:02:44

00000: 14(of 33)

0000000: 3:37:39

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	29:38	5:37	14	5:09	71	7:55	5.27	29:38	5:37	21		95	
Runde	5.27	29:49	5:39	13	5:22	73	8:06	10.54	59:27	5:38	21		90	16:01
Runde	5.27	30:22	5:45	14	6:23	80	8:07	15.81	1:29:49	5:40	21		81	24:08
Runde	5.27	31:41	6:00	16	6:14	90	8:53	21.08	2:01:30	5:45	21		90	33:01
Runde	5.27	34:13	6:29	17	7:42	110	11:37	26.35	2:35:43	5:54	21		90	44:38
Runde	5.27	36:25	6:54	17	8:12	114	13:53	31.62	3:12:08	6:04	21		90	58:31
Runde	5.27	38:29	7:18	14	8:26	120	15:17	36.89	3:50:37	6:15	21		89	1:13:48
Runde	5.27	37:24	7:05	12	8:52	100	21:39	42.16	4:28:01	6:21	14	50:22	95	3:34:39