



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Schröder, Tom

00: Team Erdinger Alkoholfrei
00: 356

00: 42.16 km
Marathon

0000:
Männer M40

000: 4:28:15

00: 9.39 km/h
0000: 6:22 min/km

00000/000: 98 (of 311)

00000/0: 91 (of 279)

000000: 3:02:44

00000: 22(of 62)

0000000: 3:33:30

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	31:16	5:55	28	8:30	112	9:33	5.27	31:16	5:55	52		86	0:43
Runde	5.27	32:06	6:05	30	8:25	126	10:23	10.54	1:03:22	6:00	53		91	19:56
Runde	5.27	31:56	6:03	25	7:13	107	9:41	15.81	1:35:18	6:01	53		91	29:37
Runde	5.27	32:18	6:07	21	6:32	99	9:30	21.08	2:07:36	6:03	53		91	39:07
Runde	5.27	33:38	6:22	23	7:08	100	11:02	26.35	2:41:14	6:07	53		91	50:09
Runde	5.27	34:37	6:34	20	6:28	84	12:05	31.62	3:15:51	6:11	53		91	1:02:14
Runde	5.27	36:01	6:50	19	7:34	80	12:49	36.89	3:51:52	6:17	53		90	1:15:03
Runde	5.27	36:23	6:54	19	9:23	81	20:38	42.16	4:28:15	6:21	23	3:34:53	97	3:34:53