



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Möller, Marco

00: TRICON Schwäbisch Hall
00: 254

00: 42.16 km
Marathon

0000:
Männer M30

000: 4:30:27

00: 9.32 km/h
0000: 6:25 min/km

00000/000: 101 (of 311)

00000/0: 94 (of 279)

000000: 3:02:44

00000: 15(of 33)

0000000: 3:37:39

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	31:28	5:58	19	6:59	127	9:45	5.27	31:28	5:58	20		99	0:55
Runde	5.27	32:03	6:04	19	7:36	125	10:20	10.54	1:03:31	6:01	20		94	20:05
Runde	5.27	32:32	6:10	18	8:33	122	10:17	15.81	1:36:03	6:04	20		94	30:22
Runde	5.27	31:58	6:03	17	6:31	96	9:10	21.08	2:08:01	6:04	20		94	39:32
Runde	5.27	32:58	6:15	14	6:27	90	10:22	26.35	2:40:59	6:06	20		94	49:54
Runde	5.27	34:10	6:28	14	5:57	80	11:38	31.62	3:15:09	6:10	20		94	1:01:32
Runde	5.27	36:25	6:54	12	6:22	85	13:13	36.89	3:51:34	6:16	20		93	1:14:45
Runde	5.27	38:53	7:22	16	10:21	127	23:08	42.16	4:30:27	6:24	15	52:48	100	3:37:05