



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

0000

Seeliger, Wolfhard

00: RBB Laufbewegung

00: 238

00: 42.16 km

Marathon

0000:

Männer M50

000: 4:31:47

00: 9.27 km/h

0000: 6:27 min/km

00000/000: 106 (of 311)

00000/0: 99 (of 279)

000000: 3:02:44

00000: 14(of 47)

0000000: 3:29:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00	
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0	
Runde	5.27	29:48	5:39	8	4:33	74	8:05	5.27	29:48	5:39	38	-	-	104	
Runde	5.27	30:54	5:51	12	5:53	105	9:11	10.54	1:00:42	5:45	38	-	-	99	17:16
Runde	5.27	32:59	6:15	16	6:57	133	10:44	15.81	1:33:41	5:55	38	-	-	99	28:00
Runde	5.27	33:14	6:18	16	7:18	116	10:26	21.08	2:06:55	6:01	38	-	-	99	38:26
Runde	5.27	34:39	6:34	15	8:20	115	12:03	26.35	2:41:34	6:07	38	-	-	99	50:29
Runde	5.27	35:46	6:47	14	8:29	103	13:14	31.62	3:17:20	6:14	38	-	-	99	1:03:43
Runde	5.27	37:01	7:01	14	9:22	94	13:49	36.89	3:54:21	6:21	38	-	-	98	1:17:32
Runde	5.27	37:26	7:06	15	11:48	101	21:41	42.16	4:31:47	6:26	14	1:02:40	-	105	3:38:25