



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Querfurt, Matthias

□□□: 4:32:18

□□: DjK Preußen Bochum e.V.

□□: 9.25 km/h

□□: 302

□□□□: 6:28 min/km

□□: 42.16 km

□□□□□/□□□: 109 (of 311)

Marathon

□□□□□/□: 102 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 25(of 62)

Männer M40

□□□□□□□: 3:33:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	31:19	5:56	30	8:33	115	9:36	5.27	31:19	5:56	53	-	94	0:46
Runde	5.27	31:27	5:58	25	7:46	114	9:44	10.54	1:02:46	5:57	56	-	102	19:20
Runde	5.27	32:40	6:11	27	7:57	124	10:25	15.81	1:35:26	6:02	56	-	102	29:45
Runde	5.27	33:32	6:21	27	7:46	128	10:44	21.08	2:08:58	6:07	56	-	102	40:29
Runde	5.27	34:42	6:35	27	8:12	117	12:06	26.35	2:43:40	6:12	56	-	102	52:35
Runde	5.27	35:42	6:46	25	7:33	102	13:10	31.62	3:19:22	6:18	52	-	89	1:05:45
Runde	5.27	36:33	6:56	22	8:06	86	13:21	36.89	3:55:55	6:23	56	-	101	1:19:06
Runde	5.27	36:23	6:54	19	9:23	81	20:38	42.16	4:32:18	6:27	26	3:38:56	108	3:38:56