



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Madey, Les

00: New York Road Raners

00: 233

00: 42.16 km

Marathon

0000:

Männer M50

000: 4:44:54

00: 8.85 km/h

0000: 6:46 min/km

00000/000: 140 (of 311)

00000/0: 132 (of 279)

000000: 3:02:44

00000: 18(of 47)

0000000: 3:29:07

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	30:24	5:46	10	5:09	86	8:41	5.27	30:24	5:46	42		137	
Runde	5.27	30:44	5:49	11	5:43	102	9:01	10.54	1:01:08	5:48	42		132	17:42
Runde	5.27	31:08	5:54	11	5:06	94	8:53	15.81	1:32:16	5:50	42		132	26:35
Runde	5.27	32:18	6:07	15	6:22	99	9:30	21.08	2:04:34	5:54	42		132	36:05
Runde	5.27	35:36	6:45	21	9:17	139	13:00	26.35	2:40:10	6:04	42		132	49:05
Runde	5.27	39:59	7:35	27	12:42	179	17:27	31.62	3:20:09	6:19	42		132	1:06:32
Runde	5.27	42:23	8:02	26	14:44	175	19:11	36.89	4:02:32	6:34	42		131	1:25:43
Runde	5.27	42:22	8:02	25	16:44	164	26:37	42.16	4:44:54	6:45	18	1:15:47	138	3:51:32